

# Sunshine Therapeutics' February Calendar of Events

277 Miami St, Waynesville, OH 45068

[www.sunshinetherapeutics.com](http://www.sunshinetherapeutics.com)

937-307-4174

~ February 2012 ~							<a href="#">Mar 2012</a>
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			<b>1</b>	<b>2</b> 5pm Strictly Muscle  7pm Level 2 Yoga	<b>3</b>	<b>4</b> 9:30am Level 1 Yoga	
<b>5</b>	<b>6</b> 12pm Level I Yoga  5pm Strictly Muscle	<b>7</b> 4:45pm Yoga for Kids (ages 5-8) 5:45pm Yoga for Tweens (ages 9-15) 7pm Level 2 Yoga	<b>8</b>	<b>9</b> 5pm Strictly Muscle  7pm Level 2 Yoga	<b>10</b>	<b>11</b> 9:30am Level 1 Yoga  12-5:00 pm <b>BFF Rider Clinic Part 1</b>	
<b>12</b> 6:15pm-7:30 pm <b>Candlelight Yoga</b>	<b>13</b> 12pm Level I Yoga  5pm Strictly Muscle  6:30pm: Couples MFR Stretching Class \$!	<b>14</b> 12:00: Equestrian Yoga 4:45pm Yoga for Kids (ages 5-8) 5:45pm Yoga for Tweens (ages 9-15) 7pm Level 2 Yoga	<b>15</b> 5pm- Core Strg 5:30pm:Adult Equestrian Yoga 4 week series 7pm: Group Holistic Nutritional Counseling \$!	<b>16</b> 5pm Strictly Muscle  7pm Level 2 Yoga	<b>17</b> 6:30pm Sacred Circle Meditation with Diana Rankin	<b>18</b> 9:30am Level 1 Yoga	
<b>19</b> 6:15pm-7:45 pm <b>Restorative Yoga \$!</b>	<b>20</b> 12pm Level I Yoga  5pm Strictly Muscle	<b>21</b> 12:00: Equestrian Yoga 4:45pm Yoga for Kids (ages 5-8) 5:45pm Yoga for Tweens (ages 9-15)  6:30pm: Kinesiotaping at Buckeye Running \$! 7pm Level 2 Yoga	<b>22</b> 5pm- Core Strg 5:30pm:Adult Equestrian Yoga 4 week series 7pm: Grieving mothers support group \$!	<b>23</b> 5pm Strictly Muscle  7pm Level 2 Yoga	<b>24</b> 7pm-10pm: Reiki level 1 training \$!	<b>25</b> 9:30am Level 1 Yoga <b>(Canceled)</b>  8:30am-6pm: Reiki level 1 training cont. \$!	
<b>26</b>	<b>27</b> 12pm Level I Yoga  5pm Strictly Muscle	<b>28</b> 12:00: Equestrian Yoga 4:45pm Yoga for Kids (ages 5-8) 5:45pm Yoga for Tweens (ages 9-15) 7pm Level 2 Yoga	<b>29</b> 5pm- Core Strg 5:30pm:Adult Equestrian Yoga 4 week series 7pm: Women's Health support group \$!	(\$ ) special event not included in packages  (!) Preregistration required  (*) Free special event to relieve stress			

**Sunshine Therapeutics' Gift Certificates are available at the wellness center and on-line at <http://shop.sunshinetherapeutics.com>**